

# Burning Tree Programs

## Transition Criteria Checklist

Date \_\_\_\_\_

Client \_\_\_\_\_

Client Number \_\_\_\_\_

Your progress in treatment is the main consideration for discharge. This form is to be presented in staffing – prior to transition papers and transition date being determined by staff.

1. Have you had an honest change of personality that will be sufficient to recover from alcoholism/drug addiction?
2. Are you emotionally stable?
3. Have you begun to replace self-centeredness with a genuine consideration of others?
4. Do you have a realistic view of the disease and its power?
5. Do you have other problems evident?
6. Do you have other dependencies that have replaced drinking and drug use for the time being while relapse is waiting?
7. Do you demonstrate humility, willingness, honesty, discipline, forgiveness, compassion and other spiritual qualities in your behavior?
8. Are you living in the solution, letting go of control, not in a clash of wills with direction? Is it real?
9. Have you addressed the wreckage of your past?
10. Have you participated in Family Program?
11. Do you have employment or living arrangements that are conducive to recovery?
12. Do you have legal problems, financial concerns, relationship problems, or health problems? If so, how are these to be coped with in the future?
13. Have you been following Burning Tree Rules? If not, why not?
14. How are you handling confrontations?

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(Staff only to write below this line)

Staffing date: \_\_\_\_\_

Determination: \_\_\_\_\_

Date determination takes effect: \_\_\_\_\_

Counselor signature: \_\_\_\_\_